

PHOENIX MEMBERSHIP PRICES ALL MEMBERSHIPS ARE PAYABLE FORTNIGHTLY via DIRECT DEBIT & INCLUDE UNLIMITED CLASSES FOR YOUR PROGRAM

Phoenix Program and Coaching Memberships

We area membership based club. Phoenix is different, we offer a club membership for a sport and martial training system. When you commence; you will do a 3 month course to develop your skills, fitness and the training habits required to get a solid foundation and general knowledge of Muay Thai by Phoenix. It is the membership 'you need' to fulfill 'your goals' and make great training a part of your life. Training is always fun that's why people keep coming back! It isn't a water slide though, the fun comes from the challenge and the satisfaction from achieving and developing yourself, overcoming challenges, learning and growing in capability and strength (+endorphines!).

You are signing up to do a martial art & combat sport that will take time to learn and get the benefits from. You will particapte in a development system that will make you fitter, faster, stronger and tougher than you have ever been. We you will follow a proven competency based system that will give you solid Muay Thai, fighting, and self defence skills that you will be proud of and confident of knowing you train at a high quality professional training facility with world class coaching. Although you will do competition level based training, we know most people never compete, they just want to be proud of what they do, be competent, get really fit and take on a challenge. It takes development and progression and about 2 years of solid training to prepare for competition for those interested. For everyone else; we are training you to be the best you can be and although your goals may differ, you will be in a serious training environment, getting coached and challenged routinely and not just pariticapting in a fitness class or on a bag while the fighters get trained. Why not train like a fighter, develop and be as fit and strong as you can be.

You are joining to following a proven development system delivered by experienced coaches. Everyone that joins follows the grading system of development. Phoenix has stringent grading standards to ensure real life effectiveness. It is a keep up system that developes ability and character and no one gets a trophy for just turning up. Every step is incrementally harder and designed to forge you in fire, to sharpen you for life. Phoenix is a Muay Thai club that will develop the warrior within and teaches real fighting skills enhanced by a warrior code of conduct and positive life habits. Phoenix is a strong work ethic, disciplined and high integrity training environment that follows a team work approach to individual development.

HOW DO I START? Email: info@muaythaibyphoenix.com.au > or call 0408 570 961 > or visit Phoenix to discuss a consultation or trial session

Once you have trained at Phoenix, everything else is easy! Are you ready to step up to a challenge?

PHOENIX 'KICK START' Beginner Course/Package

Includes all the training you need to develop solid skills and training habits plus all the equipment required for your first 3 months.

Kick Start (18+)	\$ 100.00 p/fortnight	Plus a \$170 Equipment Package Fee on joining.
Kick Start (Student/Apprentice)	\$ 90.00 p/fortnight	Plus a \$170 Equipment Package Fee on joining.
Kick Start (Junior in Adult Classes)	\$ 80.00 p/fortnight	Plus a \$170 Equipment Package Fee on joining.
Kick Start (Junior Warriors + Warriors)	\$ 70.00 p/fortnight	Plus a \$145 Equipment Package Fee on joining.
Kick Start (Mighty Warriors)	\$ 60.00 p/fortnight	Plus a \$130 Equipment Package Fee on joining.

NOTE: This membership is a minimum period of 12 weeks either pay in advance or by fortnightly direct debit (6 payments). Equipment package upgrades are available. All memberships are ongoing including Xmas / New Year, Easter + School Holidays.

<u>PHOENIX MEMBERSHIP</u> – for ongoing and returning members.

Ongoing membership that is payable per fortnight via direct debit.

No minimum Period after your Kick Start program is finished or if a returning member.

Phoenix (18+)	\$ 100.00	
Phoenix (Student/Apprentice)	\$ 90.00	
Phoenix (Junior in Adult Classes)	\$ 80.00	
Warrior + Junior Warrior (8 – 15 years)	\$ 70.00	
Mighty Warriors (5 – 8 years)	\$ 60.00	
Old Warriors Membership	\$ 40.00	(Only available to graded members. Allows for 1 class a week on average)

NOTE: All JUNIOR memberships are ongoing, every fortnight even if there are NO classes due to school holidays or any other non-training reasons.

NEW MEMBER BEGINNER PROGRAM - START UP PACK

Gloves – Shin guards - T'Shirt/Singlet (Adults only) – Shorts – Mouthguard – Wraps (Adults only)

Upgrades Available: Leather Gloves +\$50 > Bag +\$75 > Twins Gloves + \$145 > Twins Shin guards + \$95 > Groin Guard + \$25

www.muaythaibyphoenix.com.au